

Take this grocery list with you to the store!

For Kids:

- Peanut butter
- Jelly or jam
- Macaroni & cheese
- "Spaghetti-O's" type canned pastas
- Pudding, gelatin & fruit cups
- Cheese & cracker snacks
- Juice boxes

Boxed/Dry Goods:

- "Bisquick" type mixes
- Oatmeal
- Baking mixes
- Corn meal
- Dry beans
- Pasta
- Rice
- Pancake & bread mixes

Meat Group:

- Canned chili
- Canned stew
- Canned fish
- Canned meat
- Condensed or chunky soups

Fruits & Vegetables:

- Canned vegetables
- Canned fruits
- Canned juices
- Instant potatoes

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